## **IBS Winter Calendar 2024**

DATE	EVENT	LOCATION	DISTANCE	MEETING SPOT
11 – May – 24	Park Run	Fairy Meadow		Fairy Meadow
19 – May – 24	Cross Country No. 1	Fairy Meadow (Puckey's)	2.5km, 5km	Gazebo at Fairy Meadow Beach
26 – May – 24	Winter Series No. 1	Beaton Park	TRACK	Kerryn McCann Athletics track
2 – June – 24	Cross Country No. 2	Bulli (Sandon Point Beach)	2km, 4km	Park Bench - car park end of Park Rd, Bulli
9 – Jun – 24	Cross Country No. 3	Fairy Meadow (Puckey's)	2.5km, 5km	Gazebo at Fairy Meadow Beach
16 – Jun – 23	Cross Country No. 4	Gwynneville	2km, 4km	Wiseman Park Reserve (Oval shelter)
23 – Jun – 23	Winter Series No. 2	Beaton Park	TRACK	Kerryn McCann Athletics track
7 – Jul – 23	Cross Country No.5	Bulli (Sandon Point Beach)	2km, 4km	Park Bench - car park end of Park Rd
14 - Jul - 23	Series 1, Hill Champs	Port Kembla	Long Hill run	King George Oval Port Kembla up from Olympic Pool
<b>21 – Jul – 24</b>	Cross Country No. 7	Fairy Meadow (Puckey's)	2.5km, 5km	Gazebo at Fairy Meadow Beach
28 – Jul – 24	Winter Series No. 3	Beaton Park	TRACK	Kerryn McCann Athletics track
4 – Aug – 24	Cross Country No. 8	Minnamurra	2km, 4km	James Oats Reserve Car park
11 – Aug – 24	Series 2, Hill Champs	ТВА	Short Hill Run	ТВА
17 – Aug – 23	Cross Country No. 10	Nowra	1km, 2km, 4km, 6km	Victory Athletic Club Willandra, Nowra
25 – Aug – 23	Winter Series No. 4	Beaton Park	TRACK	Kerryn McCann Athletics track

a. Please meet at the location in time to commence right at 10.30 am.

b. At cross country meets, a coffee club meet will be arranged after each event.

- c. The competition with Victory will be a friendly meet on the beautiful Cambewarra Mountain and if you don't compete, a great afternoon. Remember it is on Saturday and commences right on 3.00 pm.
- d. To be eligible for the Hill Championships you will have a long hill and shorter hill run, points being allocated to declare winners. You must compete in both runs to be eligible for the award.
- e. The Track & Field series, rounds 1, 2, 3, 4 will commence right on 10.30 am and is open to any athlete.
- f. For Park runs you must register with the Park Run Organisers.
- g. See ANSW website for all State conducted events which we encourage our members to contest.