



I wish to nominate my interest in participating in the short hurdles on 16 March 2023 at the above championships.

Name: \_\_\_\_\_

FEMALE       MALE

Age: \_\_\_\_\_

Division: \_\_\_\_\_

Email address: \_\_\_\_\_

Please email you intent to participate in this event to:

[illawarrabluestars@yahoo.com](mailto:illawarrabluestars@yahoo.com)