



**Illawarra Blue Stars  
Athletic Club Inc**

# Winter Track & Field Series

**Every FOURTH Sunday of Each Month  
Catering for all ages, male and female, all abilities**

*Open to all athletes and those who wish to have a go to see whether  
you like the sport*

*Commencing Sunday 26 May 2024  
At the Kerryn McCann Athletic Centre, Beaton Park  
Starting at 10.30 am*

<b>SERIES 1</b>	<b>SERIES 2</b>	<b>SERIES 3</b>	<b>SERIES 4</b>
<b>26 May 2024</b>	<b>23 June 2024</b>	<b>28 July 2024</b>	<b>25 August 2024</b>
60 metres 150 metres Long Jump Walk Shot Hammer (U16, U18, U20, Open & Masters) 2 x 1km relay	60 metres 200 metres 800 metres High Jump Javelin Walk Standing long jump (U16, U18, U20, Open & Masters)	60 metres 150 metres Triple Jum[ Discus Shot (U16, U18, U20, Open & Masters only) 2 x 800m relay	100 metres 400 metres Hammer Long Jump Walk 2km

## **Entry fee for Winter Series**

Payment only for entry into Beaton Park Leisure Centre - no competition fee